

Money Practice

Non-Emotional Saving/ Spending Algorithm



spending:

to pay out, disburse, expend

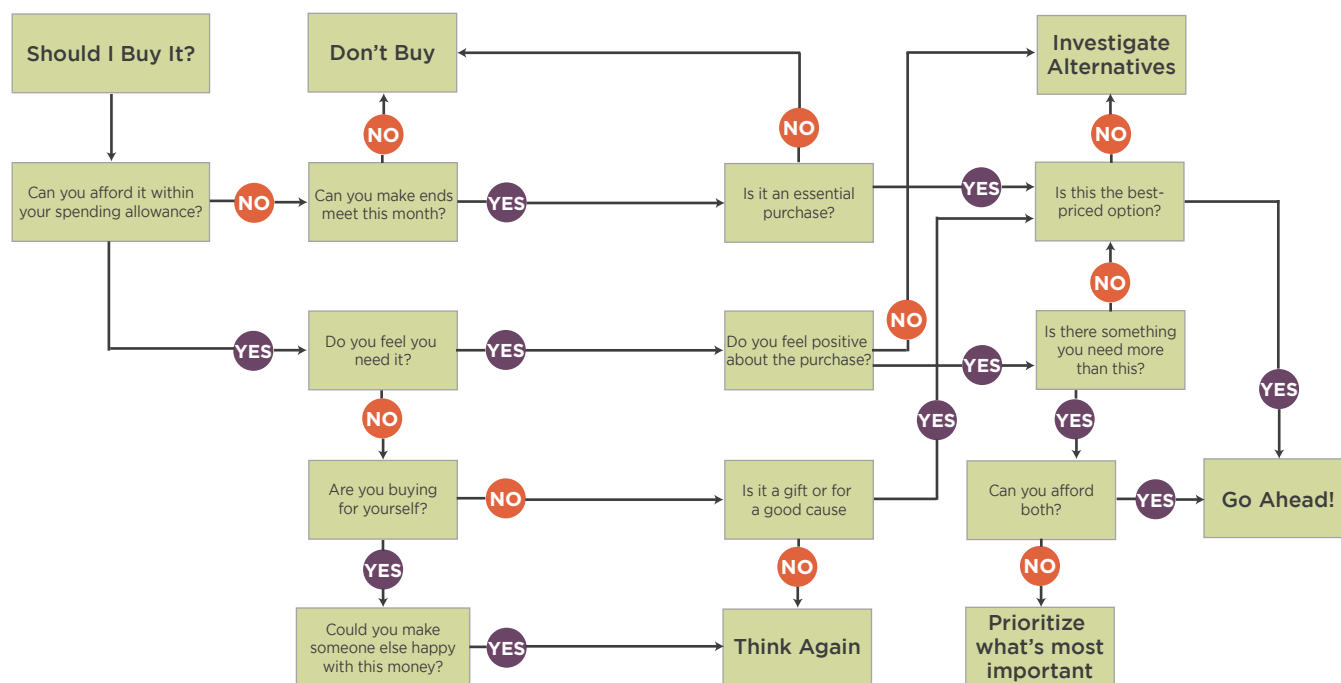
wisely:

having or showing experience, knowledge, and good judgement. Decisions based on careful thought

When we mature into our relationship with money, we want to bring our best selves to this relationship. We want to bring our WISE SELF to this area of spending and to make sure that we are not purchasing a superficial want, that covers up a deeper need...because this is the set up for creating an experience of deprivation in ourselves!

To Save Or To Spend

Are you considering buying something but aren't sure whether or not to go ahead? This flow chart will help you decide if it's a wise choice, or if it would be better to put this money in the piggybank, or even spend it on something more useful...



Spending algorithm by Hani Motoko, from her book Kakebo